Distress procedure for vessels without DSC alert starts at 2.

1. DSC Distress Alert
   • Press and hold red DSC button to activate

2. Distress call channel 16
   • MAYDAY MAYDAY MAYDAY
   • THIS IS:
     - Vessel name x 3
     - Callsign
     - MMSI

3. Distress message channel 16
   • MAYDAY
   • Name of the vessel in distress, callsign and MMSI
   • Position
   • Nature of distress
   • Kind of assistance required
   • Persons on board, other useful information

The phonetic alphabet:
A Alfa B Bravo C Charlie D Delta E Echo F Foxtrot G Golf H Hotel I India J Juliet K Kilo L Lima M Mike N November O Oscar P Papa Q Quebec R Romeo S Sierra T Tango U Uniform V Victor W Whiskey X Xray Y Yankee Z Zulu Ä Äger Ø Ørnulf Å Ågot

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